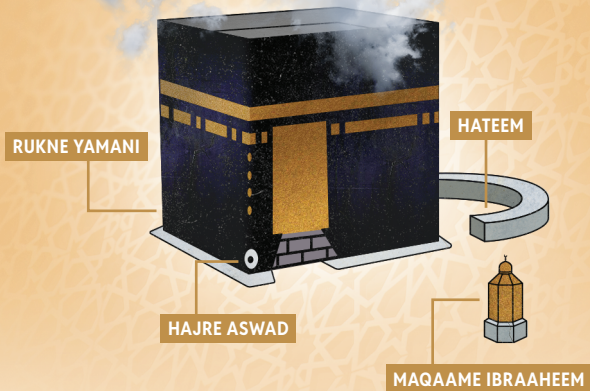


UMRAH GUIDE



EASY WAY TO PERFORM UMRAH



SALAF
ACADEMY

PILLARS OF UMRAH



IHRAAM

TAWAAF

SA'I

HALAQ OR TAQSEER

(Full or little haircut)



IHRAAM

Intention to worship (**Umrah**) and wearing the clothes of **Ihraam**

Iski Sunnatain: Taking a bath - applying perfume on the head and body

NOTE: *Ihram clothes should not be perfumed.*



IHRAAM KA KAPDA

For Men: *Two white sheets for men – one izaar (lungi) and the other upper (kamees)*



For Women: *Women may wear any clothing that is not prohibited by Shariat.*



But they cannot wear a nosepiece or gloves. However, they must cover their faces with a large chador in front of non-mehrim men.



If it is time for the obligatory prayer, **perform** the obligatory prayer.

Otherwise, pray two rak'ahs with the intention of tahiyyatu wudu.

NOTE: *There is no specific prayer for ihram.*



Then make the intention and say,
"Labbaik Umartaan"

لَبَّيْكَ عُمْرَةً

And read **Talbiyah**

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ
لَبَّيْكَ، إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكُ،
لَا شَرِيكَ لَكَ

It is better for a **man** to read loudly, but for a **woman** it is better to read softly and not raise her voice.



While entering the **Masjid Haram**,
enter with your right foot first and
recite this prayer

بِسْمِ اللَّهِ، وَالصَّلَاةُ وَالسَّلَامُ
عَلَى رَسُولِ اللَّهِ، اللَّهُمَّ اغْفِرْ
لِي ذُنُوبِي، وَافْتَحْ لِي أَبْوَابَ
رَحْمَتِكَ، أَعُوذُ بِاللَّهِ الْعَظِيمِ،
وَبِوَجْهِهِ الْكَرِيمِ، وَسُلْطَانِهِ
الْقَدِيمِ، مِنَ الشَّيْطَانِ الرَّجِيمِ



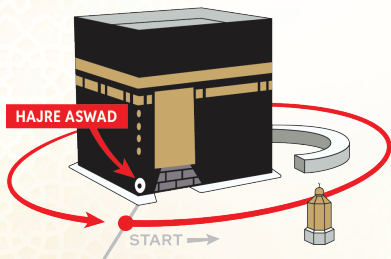
Then go towards the **Black Stone** in the Ka'bah and start the Tawaf from there (there will be a green light in front of the Black Stone).



It is **Sunnah** for men to keep their right shoulder open during each round of Tawaaf, and to perform **Raml** (walking quickly while keeping the steps close together) during the first three rounds.



There are 7 rounds of Tawaaf. Tawaaf should be started from **Hajre Aswad and should be completed by coming back there.** It is not correct to perform Tawaaf inside the stone wall (Hateem) which is towards the Ka'bah because it is a part of the Ka'bah.



If there is no crowd then kiss Hazre Aswad with your hands and kiss directly,

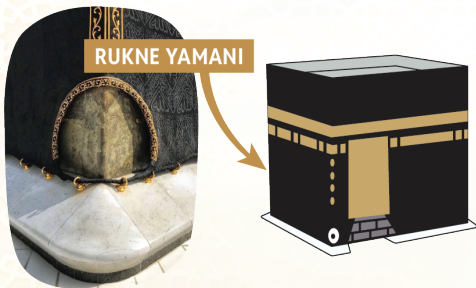
And if there is a crowd, then chew with your hands and chew your hands only,

And if this is not possible, then point with your hands towards the Black Stone from a distance and move ahead saying "Allahu Akbar".

اللَّهُ أَكْبَرُ

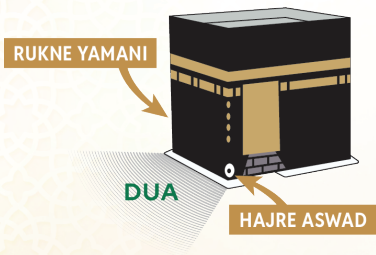


Then if it is easy then touch the Rukne Yamani (don't kiss it), and if it is crowded then leave him.



Between rukne yamani and hajre aswad
Read this supplication

﴿رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ
حَسَنَةً وَقِنَا عَذَابَ النَّارِ﴾



While passing through Hajr-e-Aswad, do the same as you did in the first round, and during Tawaaf, keep doing **Zikr and Azkar**, make Dua'in from Qasrat and remain busy in reciting the **Quran**.

NOTE: *There is no special prayer for Tawaaf, there is no separate prayer for each cycle that has been proven by the Prophet. ﷺ*



After completing **Tawaaf**, go to **Maqaame Ibrahim** and recite these verses

﴿وَاتَّخِذُوا مِنْ مَّقَامِ إِبْرَاهِيمَ مُصَلًّى﴾

Then two rak'at namaaz
If possible, read it near
the place of Ibraheem or
read it anywhere. After
Surah Al-Fatihah in the
first rakat, read **Surah
Al-Kafirun** and in the
second, read **Surah
Al-Ikhlās**.



Then go towards the place of **Mas'aah (Sa'i)**, and when you are near Safaa, read this verse

﴿إِنَّ الْأَصْفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ فَمَنْ حَجَّ الْبَيْتَ أَوْ اعْتَمَرَ فَلَا جُنَاحَ عَلَيْهِ أَنْ يَطَّوَّفَ بِهِمَا وَمَنْ تَطَوَّعَ خَيْرًا فَإِنَّ اللَّهَ شَاكِرٌ عَلِيمٌ﴾



Then climb the Safaa and turn your face towards the **Ka'bah** and make whatever prayer you wish.



It is **Sunnah** to pray for him.

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ،
وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ،
لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ، أُنْجَزَ وَعْدُهُ، وَنَصَرَ
عَبْدَهُ، وَهَزَمَ الْأَحْزَابَ وَحْدَهُ

*Teen martaba ise padhe aur
jo dua karni ho kare*



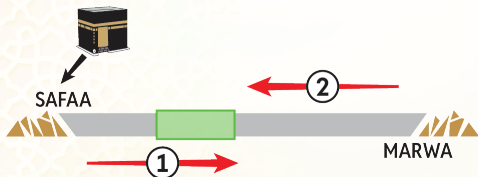
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Then, from **Safaa**, walk down towards **Marwa** and run as fast as possible to the green light between the two **green pillars**.

NOTE: The **woman** will not run but will walk slowly.



The area of each round is 0.5 km and total is
The distance of 7 rounds is 3.5 km



Then keep walking... When you reach **Marwa**, climb up and turn your face towards the Ka'bah and read what was written on the **Safaa**



Those who wish to pray between the days of **Safaa and Marwa** can do so, and there is no specific prayer.



After getting down from Marwa, come back to Safaa and complete 7 rounds in this manner, **remember that from Safaa to Marwa is one round and from Marwa to Safaa is the second round**, your Sati will be completed at Marwa.

During the Sa'i, pray a lot, remember Allah, and recite the **Quran** with devotion.

NOTE: *There is no prayer after Sa'ee.*



After the Saviour is complete, the man can get his head shaved or shave off the entire head (shaving is preferable).

And **women** should cut their hair equal to the size of one fingertip.



With these things, Umrah is completed, now the person performing Umrah will be completely halal and all the "prohibited things of Ihraam" ***(those things that were prohibited during the state of Ihraam)*** will become permissible for him.



***May Allah Ta'ala bless all of us
with the opportunity to visit
His home, the Ka'bah, and
grant our prayers the honor
of acceptance.***



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